Take 5 Five
WITH THE ST. LOUIS FED

FOMC maintains policy rate in July while market rates climb

Talking Points

In the latest *Take Five,* released Friday, July 31, 2026, Senior Business Economist Kathleen Navin discusses:
The July 29, 2026, Federal Open Market Committee (FOMC) Policy Statement:

- The Federal Funds Target Range
  - The FOMC decided to maintain the target range for the federal funds rate at 3 ½ to 3 ¾ percent.
- Labor Market
  - Productivity growth and capital investments are strong.
  - Job gains have kept pace with the workforce, and the unemployment rate has changed little.
- Inflation
  - Inflation remains elevated relative to the Committee's 2 percent goal, in part reflecting supply shocks that have driven price increases in certain sectors, including energy.
- Monetary Policy
  - The FOMC affirmed its commitment to deliver price stability in line with its 2% inflation target.

Resources

- [FOMC Statement]
- [FOMC Press Conference]
- [Implementation Note]